

*Saint Joseph's
Roman Catholic Church*



*Morning Prayer
for the
Triduum*

Holy Saturday

Invitatory

P. O Lord open my lips,

R. and my mouth shall proclaim your praise.

P. O God, come to my assistance.

R. O Lord, make haste to help me.

P. Save your people, O Lord our God.

R. Have mercy on us; Lord, have mercy.

Hymn: Were you There

1. Were you there when they crucified my Lord?

Were you there when they crucified my Lord?

Oh, sometimes it causes me to

tremble, tremble, tremble.

Were you there when they crucified my Lord?

2. Were you there when they laid him in the tomb?

Were you there when they laid him in the tomb?

Oh, sometimes it causes me to

tremble, tremble, tremble.

Were you there when they laid him in the tomb?

Psalmody

Antiphon:

Psalm 92

It is good to **give** thanks to the Lord;
to sing praise to your name Most **High**.

To proclaim your **kindness** at dawn,
and your faithfulness throughout **the** night.

With ten-stringed **instrument** and lyre,
with melody upon **the harp**.

For you make me glad, O **Lord** by your deeds,
at the works of your hands I **rejoice**.

How great **are** your works, O Lord!
How very deep are **your** thoughts!

The **senseless** know not,
nor do fools understand **this**.

Though the wicked **flourish** like grass,
and all evildoers **thrive**.

They are destined for **eternal** destruction,
while you, O Lord, are Most High **forever**.

For behold your **enemies** shall perish,
all evildoers shall be **scattered**.

You have exalted my horn **like** the wild bulls,
you have anointed me with rich **oil**.

And my eye has looked **down** upon my foes,
and my ears have heard of the fall of my wicked
adversaries.

The just shall flourish **like** the palm tree,
like a cedar of Lebanon shall **they** grow.

They that are planted in the **house** of the Lord,
shall flourish in the courts of **our** God.

They shall bear fruit **even** in old age,
vigorous and sturdy shall **they** be.

Declaring how just **is** the Lord, my rock,
in whom there is **no** wrong.

Glory to the Father, **and** to the Son,
and to the Holy **Spirit**.

As it was in the beginning, is now,
and will be for ever. **Amen**

Repeat Antiphon:

Canticle of Isaiah 38:10-20

Antiphon:

From the gate of hell, de- li- ver my soul, O Lord.

Once I said, "in the noontime of **life**/
I must depart to the gates of the **nether** world;
I am bereft of the rest **of** my years."

I said, "I shall see the Lord no more in the land of
the **living**."
No longer shall I behold my fellows among those who
dwell **in** the world.

My dwelling, like a **shepherd's** tent,
is struck down and borne **away** from me.

I fold up my life like a **weaver**/
you cut me off **from** the thread;
day and night you give me over **to** torment.

Like a swallow I utter **shrill** cries;
I moan **like** a dove.

My eyes grow weak gazing **heavenward**;
O Lord I am in straits/; be **my** surety

What shall I say?/For you have told me you have done
it/I shall go on through **all** my years, Despite the
bitterness **of** my soul.

Those live whom the Lord **protects**/
and among them the life of my spirit **will** go on;
you have healed me and kept **me** alive.

This is my bitterness transformed into **salvation**/;
you have preserved my life from the pit of **destruction**,
when you cast behind you **all** my sins.

For it is not the nether world that gives you **thanks**/
nor death that **praises** you; Neither do those who go
down into the pit **await** your kindness.

The living, the living give you thanks, as I **do** today;
parents declare to their children your **faithfulness**.

The Lord keeps **me/** and so we **sing** your psalms,
all the days of our life in the house **of** the Lord.

Glory to the Father, and **to** the Son,
and to the **Holy** Spirit.

As it was in the **beginning**,
is now, and will be for **ever**. Amen

Repeat Antiphon:

From the gate of hell, de- li- ver my soul, O Lord.

Antiphon:
Psalm 150

Praise the Lord in the **sanctuary**,
Praise God in the firmament of strength.

Praise God for such **mighty** deeds.
Praise God for **sovereign** Majesty.

Praise God with the blast of the **trumpet**.
Praise God with **lyre** and harp.

Praise God with timbrel **and** dance.
Praise God **with** strings and pipe.

Praise God with the sounds of cymbals/ praise God with
clanging **cymbals**;
let everything that has **breath** praise the Lord.

Glory to the Father, and to **the** Son,
and to the **Holy** Spirit.

As it was in the beginning, **is** now,
and will be for **ever**. Amen

Repeat Antiphon:

Reading: Hosea 5:15b-16:2

Thus says the Lord,
in their affliction, they shall look for me:
"Come, let us return to the Lord,
For it is he who has rent, but he will heal us;
he has struck us, but he will bind up our wounds.
He will revive us after two days;
on the third day he will raise us up,
to live in his presence."

The word of the Lord.

The Lamentations of Jeremiah

Response: **Jerusalem, Jerusalem!**

Return to the Lord your God!

Hear the word of the Lord, O nations,
Proclaim it on distant coasts, and say:
He who scattered Israel, now gathers them together,
He guards them as a shepherd his flock **(response)**.

The Lord shall ransom Jacob,
He shall redeem him from the hand of the conquerer.
Shouting, they shall mount the heights of Zion,
They shall come streaming to the Lord's blessings:
The grain, the wine, and the oil,
The sheep and the oxen;
They themselves shall be like watered gardens,
Never again shall they languish **(response)**.

Then the virgins shall make merry and dance,
And young men and old as well.
I will turn their mourning into joy,
I will console and gladden them after their sorrows.
I will lavish choice portions upon the priests,
And my people shall be filled with my blessings,
Says the Lord **(response)**.

Canticle of Zachariah

Antiphon: The women at the **sepulcre**,
Were weeping and **lamenting** for the Lord.

Blessed be the Lord, the God of **Israel**, Who has visited
and wrought **redemption** for God's people.

and has raised up a horn of salvation **for** us,
in the house of **David** God's servant.

As promised through the mouth of God's **holy** ones,
the **prophets** from of old;

Salvation from our **enemies**,
and from the **hands** of all who hate us;

to show mercy to our **forebears**,
and to be mindful of his **holy** covenant;

of the oath that God swore to Abraham our **father**,
that **God** would grant us;

that delivered from the hand of our **enemies**,
we should **serve** God without fear,

in **holiness** and justice,
before **God** all our days;

and you, child, will be called the prophet of the
Most High,
for you will go before the Lord **to** prepare his way.

To give to God's people knowledge **of** salvation,
through **forgiveness** of their sins;

because of the loving kindness **of** our God,
wherewith the Orient from on **high** has visited us.

To shine on those who sit in darkness and in the
shadow of death,
to guide our feet **into** the way of peace.

Glory to the Father, and **to** the Son,
And to the **Holy** Spirit.

As it was in the **beginning**, is now,
and will be for **ever**. Amen

Repeat Antiphon:

The women at the **sepulcre**,
Were weeping and **lamenting** for the Lord.

Intercessions:

Our Redeemer suffered and was buried for us in order to rise again. With sincere love we adore him, and aware of our needs we cry out:

- **Lord, have mercy on us.**

Christ our Savior, your sorrowing Mother stood by you at your death and burial,

- **in our sorrows may we share your suffering.**

Christ our Lord, like the seed buried in the ground, you brought forth for us the harvest of grace.

- **may we die to sin and live for God.**

Christ the Good Shepherd, in death you lay hidden from the world.

- **Teach us to love a life hidden with you in the Father.**

Christ, the new Adam, you entered the kingdom of death to release all the just since the beginning of the world.

- **May all who lie dead in sin hear your voice and rise to life.**

Christ, Son of the living God, through baptism we were buried with you,
- Risen also with you in baptism, may we walk in newness of life.

The Christus factus est..

Translation: Christ became obedient for us even to death, yes death on a cross. Therefore, God has exalted him and given him a name above all other names.

Our Father..

Prayer

All powerful and ever-living God,
your only Son went down among the dead
and rose again in glory.
In your goodness
raise up your faithful people,
buried with him in baptism,
to be one with him
in the eternal life of heaven,
where he lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.

The Lord be with you.

And also with you.

May almighty God bless you,
The Father, + and the Son, and the Holy Spirit.
Amen.