

*Saint Joseph's
Roman Catholic Church*



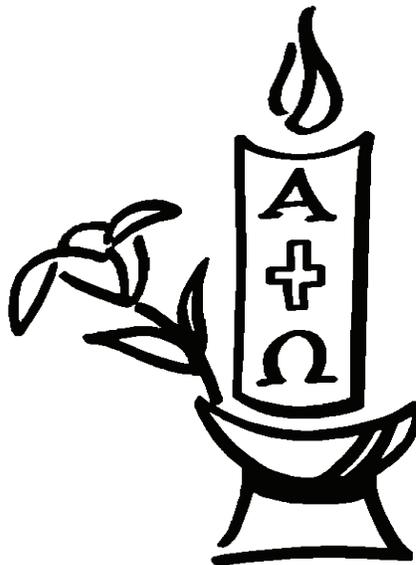
*Morning Prayer
for the
Triduum*

Holy Thursday

Morning Prayer

Morning Prayer is a communal prayer service that originated in the early church in local parishes on weekdays. Morning Prayer is most popular or characteristic of the Divine Office chanted in monasteries and seminaries. In recent years, parishes have begun to re-introduce these more ancient daily prayer services of song, communal prayer, and scripture reading.

Our Morning Prayer services on Holy Thursday, Good Friday, and Holy Saturday, take place at 9:00am. They are chanted by priest, cantor, and congregation. These services are becoming more popular in parishes from year to year. What better way to begin your day during the holiest time of the Christian calendar. We encourage all to come and pray with us.



Invitatory

P. O Lord open my lips,

R. and my mouth shall proclaim your praise.

P. O God, come to my assistance.

R. O Lord, make haste to help me.

P. Save your people, O Lord our God.

R. Have mercy on us; Lord, have mercy.

Hymn: Were you There

1. Were you there when they crucified my Lord?

Were you there when they crucified my Lord?

Oh, sometimes it causes me to tremble, tremble, tremble.

Were you there when they crucified my Lord?

2. Were you there when they laid him in the tomb?

Were you there when they laid him in the tomb?

Oh, sometimes it causes me to tremble, tremble, tremble.

Were you there when they laid him in the tomb?

Psalmody

Psalm 51

Antiphon:

Have mercy on me, God, in your **kindness**,
In your compassion, **blot** out my offense.

O wash me more and more **from** my guilt
And **cleanse** me from my sin.

My offenses truly I **know** them
My sin is **always** before me.

Against you, you alone, **have** I sinned
What is evil in **your** sight I have done.

That you may be justified when you give **sentence**
And be without **reproach** when you judge.

O see, in guilt **I** was born
A **sinner** was I conceived.

Indeed you love truth **in** the heart;
Then in the secret of my heart **teach** me wisdom.

O purify me, then I **shall** be clean;
O wash me, I shall be **whiter** than snow.

Make me hear rejoicing and **gladness**
That the bones you **have** crushed may thrill.

From my sins turn **away** your face
And **blot** out all my guilt.

A pure heart create for **me**, O God,
Put a steadfast **spirit** within me.

Do not cast me away from your **presence**,
Nor deprive me of your **holy** spirit.

Give me again the **joy** of your help;
With a spirit of **fervor** sustain me.

That I may teach transgressors **your** ways
And sinners **may** return to you.

O rescue me, God, my **helper**,
And my tongue shall ring **out** your goodness.

O Lord, open **my** lips,
And my mouth **shall** declare your praise.

For in sacrifice you take no **delight**,
Burnt offering from **me** you would refuse.

My sacrifice, a contrite **spirit**,
A humbled, contrite **heart** you will not spurn.

In your goodness, show favor to **Zion**;
Rebuild the walls **of** Jerusalem.

Then you will be pleased with lawful sacrific**ice**,
Burnt offerings wholly **consumed**,
Then you will be offered young bulls **on** your altar.

Glory to the Father, and to **the** Son,
And to the **Holy** Spirit.

As it was in the beginning, **is** now,
and will be for **ever**. Amen

Antiphon:

Canticle of Moses

I will sing to Adonai who is gloriously triumphant,
Horse and Chariot **are** cast into the sea.

My strength and my courage is Adonai,
God **has** been my savior.

This is the **God** whom I praise,
The God of my **forebears** whom I extol.

Adonai is a warrior.
Adonai is the name of God.

Pharoah's chariots and army were **hurled** into the sea;
the elite of his officers were **submerged** in the Red Sea.

The flood **waters** covered them,
They sank **into** the depths like a stone.

Your right hand, O Adonai, magnificent in power,
Your right hand has **shattered** the enemy.

In your great majesty you overthrow your **adversaries**;
you loosed your wrath, **consume** them like stubble.

At the breath of your mouth the waters piled **up**,
the flowing waters **stood** like a mound,
the flood waters congealed **in** the midst of the sea.

The enemy boasted, I will pursue and **overtake** them;
I will divide the spoils **and** have my fill of them.

I will **draw** my sword in strength,
My **hand** shall despoil them.

When your wind blew **the** sea covered them,
like lead they sank in **the** mighty waters.

Who is like to you among the **Gods**, O Adonai?
Who is like to you magn**ificent** in holiness.

O terrible in renown, work**er** of wonders,
When you stretched out your **hand** the earth swallowed
them.

In your mercy you led them the **people** you redeemed;
In your strength you guided them to **your** holy dwelling.

The **nations** heard and quaked:
Anguish gripped the dwell**ers** in Philistia.

Then were the princes of **Edom** dismayed;
Trembling seized the **chieftains** of Moab.

All the dwellers in Canaan **melted** away;
Terror and **dread** fell upon them.

By the might of your arm they were frozen like **stone**,
While your people, O Adon**ai**, passed over,
While the people you had made **your** own passed over.

And you brought them in and planted them on the mountain
of **your** inheritance;
The place where you made **your** seat, O Adonai.

The sanctuary, O Adonai, which your **hands** established.
Adonai shall reign **forever** and ever.

Glory to the Father, **and** to the Son,
And to **the** Holy Spirit.

As it was in the **beginning**, is now,
and will be **for** ever. Amen

Antiphon:

Psalm 146

Antiphon



He was of- fered up be- cause He willed



it and He has borne our sins

My soul, give praise to **the Lord**/
I will praise the Lord all **my** days
Make music to my God **while** I live.

Put no trust in the **powerful**,
Mere mortals in whom there **is** no help.

Take their breath, they **return** to clay
And their plans that day **come** to nothing.

They are happy who are helped by **Jacob's** God,
Whose hope is in the **Lord** their God.

Who alone made heaven **and** earth,
The seas and all **they** contain.

It is the Lord who keeps faith for **ever**,
Who is just to those who **are** oppressed.

It is God who gives bread to the **hungry**,
The Lord, who sets **prisoners** free;

The Lord gives sight to **the** blind,
Who raises up those who **are** bowed down.

The Lord who protects the **stranger**,
And upholds the widow **and** orphan.

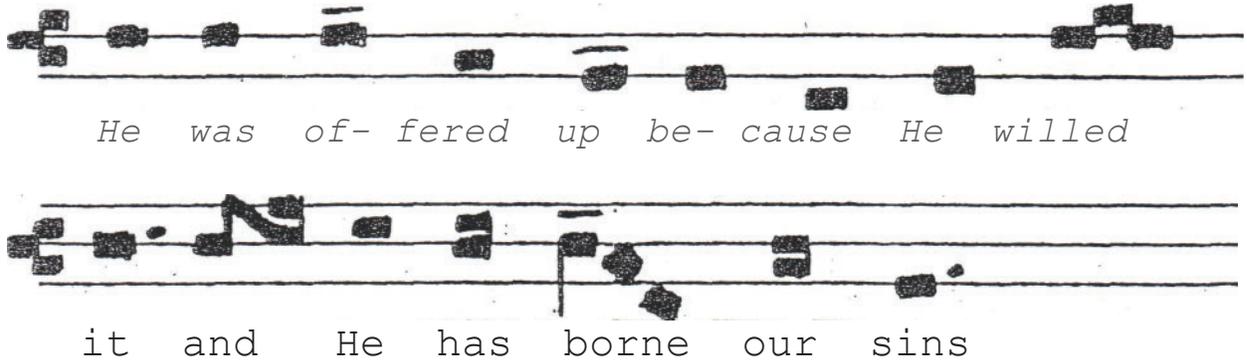
It is the Lord who **loves** the just,
But thwarts the path **of** the wicked.

The Lord will reign for **ever**,
Zion's God, from **age** to age.

Glory to the Father, and to **the** Son,
And to the **Holy** Spirit.

As it was in the beginning, **is** now,
and will be for ever. Amen

Repeat Antiphon



He was of-fered up be-cause He willed
it and He has borne our sins

The Lamentations of Jeremiah

Response: **Jerusalem, Jerusalem!**

Return to the Lord your God.

Hear the word of the Lord, O nations,
proclaim it on distant coasts, and say:
He who scattered Israel, now gathers them together,
He guards them as a shepherd his flock. **(Response)**

The Lord shall ransom Jacob,
He shall redeem him from the hand of his conquerer.
Shouting, they shall mount the heights of Zion,
They shall come streaming to the Lord's blessings:
The grain, the wine, and the oil,
The sheep and the oxen;
They themselves shall be like watered gardens,
Never again shall they languish. **(Response)**

Then the virgins shall make merry and dance,
And young men and old as well.
I will turn their mourning into joy,
I will console and gladden them after their sorrows.
I will lavish choice portions upon the priests,
And my people shall be filled with my blessings,
Says the Lord. **(Response)**

Reading

Hebrews 2:9b-10

We see Jesus crowned with glory and honor because he suffered death, that through God's gracious will he might taste death for the sake of all men. Indeed, it was fitting that when bringing many sons to glory God, for whom and through whom all things exist, should make their leader in the work of salvation perfect through suffering.

Canticle of Zachariah

Antiphon: I have longed to share this **meal** with you; On the Passover when it will all **be** accomplished.

Blessed be the Lord, the God of **Israel**, Who has visited and wrought red**em**ption for God's people.

and has raised up a horn of salvation **for** us,
in the house of **David** God's servant.

As promised through the mouth of God's **holy** ones,
the **prophets** from of old;

Salvation from our **enemies**,
and from the **hands** of all who hate us;

to show mercy to our **forebears**,
and to be mindful of his **holy** covenant;

of the oath that God swore to Abraham our **father**,
that **God** would grant us;

that delivered from the hand of our **enemies**,
we should **serve** God without fear,

in hol**iness** and justice,
before **God** all our days;

and you, child, will be called the prophet of the
Most High,
for you will go before the Lord **to** prepare his way.

To give to God's people knowledge **of** salvation,
through for**giveness** of their sins;

because of the loving kindness **of** our God,
wherewith the Orient from on **high** has visited us.

To shine on those who sit in darkness and in the
sh**adow** of death,
to guide our feet **into** the way of peace.

Glory to the Father, and **to** the Son,
and to the **Holy** Spirit.

As it was in the begin**ning**, is now,
and will be for **ever**. Amen

Repeat Antiphon

Intercessions:

The Father anointed Christ with the Holy Spirit to proclaim forgiveness to those in bondage. Let us humbly call upon the eternal priest:

- **Lord, have mercy on us.**

You went up to Jerusalem to suffer and so enter into your glory,

- **bring your Church to the Passover feast of heaven.**

You were lifted high on the cross and pierced by the soldier's lance,

- **heal our wounds.**

You made the cross the tree of life,

- **give its fruit to those reborn in baptism.**

On the cross you forgave the repentant thief,

- **forgive us our sins.**

The Christus factus est...

Translation: Christ became obedient for us, even to death, yes even death on a cross. Therefore, God has exalted him and given him a name above all other names.

Our Father...

Prayer

God of infinite compassion,

To love you is to be made holy;

Fill our hearts with your love.

By the death of your Son

You have given us hope, born of faith;

By his rising again

Fulfill this hope

In the perfect love of heaven,

Where he lives and reigns with you and the Holy Spirit,

One God, for ever and ever.

The Lord be with you.

And also with you.

May almighty God bless you,

the Father, and the Son, + and the Holy Spirit. **Amen.**